

October 2026

Apple Valley Place of Charles City ASSISTED LIVING



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Locations</u>				8:30 AM Coffee & Chatter 9:00 AM Exercise w/ Fox 2:00 PM Bingo 3:30 PM Happy Hour!	Happy Birthday Ronnie R. 8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 1:30 PM Manicures 3:00 PM Show & Telling w Snacks	Happy Birthday Marlys C. 10:00 AM Coffee & Chatter 11:00 AM Creative Expression 2:00 PM Bingo 4:00 PM The Card Club
Happy Birthday Thomas G. 9:00 AM Channel 13 Worship 11:00 AM Creative Expression 2:00 PM The Card Club 4:00 PM Movie Night	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 11:00 AM The Community Kitchen 2:00 PM State Facts & Snacks	8:30 AM Coffee & Chatter 9:00 AM Exercise w/Fox 2:00 PM Bingo 4:00 PM 'Name that Tune' and Root Beer Floats	Hair Day! 8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 9:30 AM The "Grace" Group 2:00 PM Trivia and Tea	8:30 AM Coffee & Chatter 9:00 AM Exercise w/ Fox 11:00 AM UNO! 2:00 PM Bingo 3:30 PM Happy Hour!	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 1:30 PM Manicures 3:00 PM Show & Tell w Snacks	10:00 AM Coffee & Chatter 11:00 AM Creative Expression 2:00 PM Bingo 4:00 PM Quiet Corner Puzzle
9:00 AM Channel 13 Worship 11:00 AM Creative Expression 2:00 PM The Card Club 4:00 PM Movie Night	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 2:00 PM Dominoes & Celebrate Birthdays 3:00 PM Better Voices Round Table	8:30 AM Coffee & Chatter 9:00 AM Exercise w/Fox 10:30 AM Craft Time with Brenda 2:00 PM Mass 2:00 PM Bingo 4:00 PM 'Name that Tune' and Root Beer Floats	Hair Day! 8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 9:30 AM The "Grace" Group 2:00 PM Trivia and Tea	8:30 AM Coffee & Chatter 9:00 AM Exercise w/ Fox 2:00 PM Bingo 3:00 PM Cornhole & Music	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 9:30 AM Flu Clinic 1:30 PM Manicures 2:00 PM Sam the Piano Man 3:00 PM Show & Tell w Snacks	10:00 AM Coffee & Chatter 11:00 AM Creative Expression 2:00 PM Bingo 4:00 PM The Card Club
9:00 AM Channel 13 Worship 11:00 AM Creative Expression 2:00 PM The Card Club 4:00 PM Movie Night	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 2:00 PM State Facts & Snacks	8:30 AM Coffee & Chatter 9:00 AM Exercise w/Fox 2:00 PM Bingo 4:00 PM 'Name that Tune' and Root Beer Floats	Hair Day! 8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 9:30 AM The "Grace" Group 2:00 PM Trivia and Tea	8:30 AM Coffee & Chatter 9:00 AM Exercise w/ Fox 11:00 AM UNO! 2:00 PM Bingo	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 1:30 PM Manicures 3:00 PM Show & Tell w Snacks	10:00 AM Coffee & Chatter 11:00 AM Creative Expression 2:00 PM Bingo 4:00 PM Quiet Corner Puzzle
9:00 AM Channel 13 Worship 11:00 AM Creative Expression 2:00 PM The Card Club 4:00 PM Movie Night	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 12:30 PM Desert with Makayla 2:00 PM Dominoes	8:30 AM Coffee & Chatter 9:00 AM Exercise w/Fox 2:00 PM Bingo 4:00 PM 'Name that Tune' and Root Beer Floats	Hair Day! 8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 9:30 AM The "Grace" Group 2:00 PM Trivia and Tea	8:30 AM Coffee & Chatter 9:00 AM Exercise w/ Fox 2:00 PM Bingo 2:00 PM Tate Duckett church choir 3:00 PM Cornhole & Music	8:30 AM Coffee & Chatter 9:00 AM Exercise w Jude 1:30 PM Manicures 3:00 PM Making Halloween Treat Bags	10:00 AM Coffee & Chatter 11:00 AM Creative Expression 2:00 PM Bingo 4:00 PM The Card Club 5:30 PM Trick or Treat

* Activities are subject to change