# Pearl City Place

## Newsletter

2807 Cedar St. | Muscatine, IA | 563-263-6600

## Upcoming Events

**Fox Therapy Exercise** - Monday Morning Exercise with Sophie in **Better Days** at **10am.**
**Chair Exercise with Jordyn** - Wednesday & Friday Mornings in **Better Days** at **9:45a.**
**BINGO – Monday, Wednesday,** & **Friday** in the **Assisted Living Dining Room.**
**Craft, Movie, & Popcorn Mondays** – After bingo, be sure to check your calendar for a fun movie or creative craft activity!
**Tuesdays – AL Mani & Melodies** (Come get your nails done & listen to tunes with Jordyn in the sunroom!) Also, check out your calendar for the craft & crumb club and group outings! Group Outings can be subject to change**
**Thursdays – Better Days Mani & Melodies & Store Shopping** (let Jordyn know if you would like to go shopping)
**Fridays** – Better Days Makes & Bakes, Pray The Rosary W/ Christine, & Afternoon Word/Group Games.
**Nov 2** - ***Better Voices Meeting at 3:15PM.*** (Let's discuss what you want to eat and experience in December!)
**Nov 3** - Jordyn will be OUT of the building & working at one of our sister communities.
**Nov 11** - ***Happy Veterans Day!*** Veterans Day Luncheon at Noon!
**Nov 11** - **National Sundae Day!** Enjoy a Sundae during Bingo!
**Nov 13** - Parrot Rescue Show & Tell
**Nov 16** - Better Buddies: Write & Create
**Nov 19** - The Silver Bell Social Senior Event. (Head up to the QC with Jordyn to the Festival Of Trees!)
**Nov 20** - *Secret Santa Begins*! ***Fall Family Connection with Cortney @ 3PM.***
**Nov 24** - Monthly Birthday Party!
**Nov 26** - Thanksgiving Day Luncheon! (4 Family Members Per Res, $15, and please -**RSVP To Bobbie by November 23rd no later than 1pm.**

## Community Team

Cortney Drayfahl...**Executive Director**
Becca Townsley...**Health & Wellness Director**
Jenny Tobin...**Marketing & Sales Director**
Jordyn Hillard...**Life Enrichment Director**
Bobbie Lout...**Culinary Director**
John Stafford...**Maintenance Director**

## November Birthdays

Alexandria S. - Nov 7
Marilyn S. - Nov 10
Ruby C. - Nov 15
Jenny T. - Nov 23
Tom H. - Nov 25

### A Little Gratitude

Gratitude doesn't have to be grand. Sometimes it's a warm cup of coffee, a favorite song, a helping hand, or a good laugh with a friend. This November, let's celebrate the little things that make each day meaningful.

Executive Director, Cortney

## ***A Little Gratitude, A Lot of Heart***

*What are you most thankful for about our community this November?*

For me, the answer is simple: all of you.
It's the little "good mornings," the friendly "Hi, how are you doing?" and the small moments we share each day. They may seem like little things, but they mean so much to me.
To our staff, our families, and especially you, our residents: thank you for the kindness, warmth, and joy you bring into my days. You are what makes our community feel like home. This November, I'm most thankful for you.

Connie - Room 104

Please join us in welcoming Connie to Pearl City Place! Coming to us from right here in Muscatine, Connie loves visiting and enjoys a good game of euchre. Be sure to stop by, say hi, and take a little time to get to know Connie!

Miss Judy & Grandma Bat Loving Nail Day!

## Better Voices

Look for the Better Voices Meeting on your calendar each month! This is **YOUR** home, and **your** voice matters. Tell us what you want to ***see, do, eat,*** and ***experience*** at Pearl City Place!

Prefer to keep your thoughts more personal? Jordyn has also created a paper version where you can share your preferences privately.

**Next Meeting: November 2nd @ 3:15 PM**

Health & Wellness Director, Becca

For staying active and energized during the fall, I enjoy taking a walk outside and see all the fall foliage. In the winter months, I make it a point that when I'm watching TV I will get up and walk around during commercials. It keeps me moving and active even though I want to snuggle on the couch all day!

One simple wellness tip I do as the weather gets colder is to drink warm liquids whether its tea, hot water with lemon and honey, or my personal favorite a citrus ginger honey tea! Warm fluids promote good moisture in our upper respiratory system which can help relieve congestion, soothes sore throats, supports digestion, and encourages hydration.

Culinary Director,
Bobbie

**My Favorite Fall Foods & Thanksgiving Traditions**

There's nothing quite like a warm bowl of homemade soup on a crisp fall day! Homemade soups are one of my favorite comfort foods during the cooler months. They're warm, hearty, and always hit the spot as the leaves change and the temperatures drop.

When Thanksgiving rolls around, I love bringing back a special family favorite — my mom's homemade scalloped corn recipe! It's more than just a delicious side dish; it brings back wonderful memories and a little taste of home. Some recipes are too special not to share, and this one is a Thanksgiving tradition worth keeping alive!

## Pumpkin Spice & Everything Nice Party

Residents Painted Pumpkins & Enjoyed Cider & A Resident Recipe - Miss Jean's (Purple Shirt) Pumpkin Pie Bars. YUM!

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***Next Meeting: November 2nd @ 3:15 PM***

Life Enrichment Director,
Jordyn

***Happy Happy Fall, My Sweet Friends!***

As the leaves change and the air gets cooler, I hope your days are filled with warmth, laughter, and little moments that make your heart happy.

I'll be around throughout the month completing our Secret Santa questionnaires to help make sure all our peeps have a beautiful Christmas! So start thinking about all the things you love, your favorite treats, little wishes, and anything that brings you joy!

**BINGO PRIZE ANNOUNCEMENT!**

On **Mondays** and **Fridays**, Jordyn will keep track of your tallies for your monthly bingo prizes! At the end of the month, Jordyn will give each winner a ticket and winners can tell her what they would like for their prize! On Wednesdays, Jordyn will bring around the Goody Cart with fun treats and prizes. Have any suggestions or prize ideas? Please share them with Jordyn!

***Good Luck and Happy Bingo!***

# NOVEMBER

Resident Ambassador, Marilyn

We're excited to welcome Marilyn as our newest Resident Ambassador alongside Teri! Marilyn's Thanksgivings have always been spent surrounded by family, enjoying traditional favorites like turkey, mashed potatoes, green bean casserole, and her favorite dessert, pumpkin pie! We're thrilled to have Marilyn sharing her ideas and helping make Pearl City Place feel like home!

***Cozy Season Is Here!***

The days are getting colder, but there's always room for warmth! Grab a cozy blanket, enjoy a cup of your favorite warm drink, and spend a little time with someone who makes you smile.

Let's Par-Tea!

family

Tea Time With My Girl For National Daughter Day!

A little tea, a lot of love, and memories with they will cherish forever.

***Back in the day***

***Remember When...?***

Before streaming movies and scrolling on phones, families gathered around the television to watch the Thanksgiving Day parade. What was your favorite holiday tradition growing up?

***A Thanksgiving Tradition Begins: The First Macy's Parade!***

Did you know one of America's most beloved Thanksgiving traditions began way back in 1924? The very first Macy's Thanksgiving Day Parade took place in New York City on November 27, bringing excitement, music, and plenty of holiday magic to the streets!

Cozy pajamas, warm hearts, and sweet dreams!

A little mum, a lot of fall magic.

***Thankful for Our Residents***

Our community wouldn't be the same without the wonderful people who call Pearl City Place home. Your stories, laughter, traditions, and friendships make this place special every single day.

ASSISTED LIVING & MEMORY CARE
Pearl City Place
of Muscatine

# SAY HI! Welcome TO PEARL CITY PLACE!

Mark - Room 109

Welcome to Pearl City Place, Mark! Mark enjoys photography, exploring the outdoors, cheering on the Indiana Fever, checking out car shows, and watching Texas Metal! We're so happy to welcome Mark to our Pearl City Place family and look forward to making wonderful memories together. Welcome home, Mark!

Betty - Room 130

Betty loves a little friendly competition, whether it's playing cards or showing off her unforgettable "BINGO!" scream! A left-handed aquatics teacher in her past, Betty also enjoys reading, music, movies, and sports. We're excited to have her at Pearl City Place and can't wait for all the fun and laughter ahead. Welcome to the family, Betty!

Opal - Room 132

Welcome to Pearl City Place, Miss Opal! We're so happy to have you here! We can't wait to get to know you and make wonderful memories together. And what better way to get to know Miss Opal than over a warm cup of coffee and a little conversation? Stop by, say hello, and help us make her feel right at home!

Karolyn - Room 128

Karolyn joins us here at Pearl City Place from right here in Muscatine! She enjoys playing cards with her church group and is looking forward to settling into her new home. Let's help Miss Karolyn feel right at home with a warm smile, a friendly hello, and a little kindness along the way! Let's show her just how special our Pearl City Place family can be!

Marketing & Sales Director, Jenny

Turkeys, horns of plenty, pumpkin pie, and pilgrims… OH MY!

November is one of my favorite months! Not only is it my birthday month, but it's also a time to slow down and reflect on all I'm thankful for: my Lord, my children, my family and friends, delicious Thanksgiving food, and a job that fills my heart.

Many of you know I live over an hour away from Pearl City Place. Why would I drive that far? Well, let me tell you—I love, love, LOVE what I do here! I love my teammates, the caring culture we've created together, and our wonderful residents and families.

I'm blessed to walk through these doors each weekday and feel love coming from every direction. Every day may not be easy, but there is always something meaningful—a smile, a conversation, or a little moment that reminds me why I'm here. Those are the things I carry with me on my drive home. Thank you for making Pearl City Place such a special part of my life.

November brings several events, but one especially close to my heart is our "Just Add Turkey" food drive benefiting MSCA. Our goal is to collect enough food for 15 Thanksgiving meal bundles, complete with the fixings so families only need to add a turkey or ham.

Together, we can help bring a little extra comfort and joy to someone's Thanksgiving table.

Here's to a holiday season filled with kindness, gratitude, and love. God bless you all!

With a thankful heart,
Jenny Tobin

Maintenance Director, John

### *Fall Favorites with John*

When asked what he loves most about fall (besides the cooler weather!), John shared two things that make the season extra special: hunting and cozy fires in his fireplace at home! There's just something about crisp autumn air, time spent outdoors, and warming up by a crackling fire that makes fall feel like home. Here's to a season full of fresh air, warm fires, and all the little things that make autumn special!

**WE LOVE… AND WE WANT YOUR VOTE!**

Know a resident who brightens your day or a team member who goes above and beyond? Help us celebrate them by sharing who you think deserves to be our next "***We Love***" **Resident** or **Employee** of the Month! Share your nominations with Resident Ambassadors, Teri or Marilyn or any of our management team: Cortney, Becca, Jenny, Jordyn, Bobbie, or John!

U.S. AIR FORCE

Randy Ridge - Air Force

U.S. AIR FORCE

Michael Shield - Air Force

U.S.ARMY

ARMY -
William “Bill” Gordon

## ***Honoring the Women Behind Our Heroes***

Behind many of our veterans stands a wife whose love, strength, and unwavering support have been part of their journey. These women have shared in the sacrifices, the worries, the pride, and the memories that come with military life. This November, we honor not only those who served, but also the loving wives who stood beside them. Your strength and love deserve recognition, too!

Mary Long - Air Force
Betty Walton - Air Force
Martha Shelman - ARMY
Marilyn Schumacher - ARMY
Joyce Whitehall - ARMY
Opal Miller - ARMY
Marcia Carmichael - Navy
Linda Fordyce - National Guard

***Harold Gene Todd***

## ***Harold’s Story: A Veteran’s Courage***

In August 1967, while serving in the Army, Harold found himself in a situation that would become a memorable part of his life. When another individual was bitten by a rattlesnake, Harold stepped in to help by transferring blood to the individual in an effort to save their life. For his bravery and willingness to help another in a time of need, Harold was awarded a blue ribbon in recognition of his actions.

As we celebrate Veterans Day this November, we are reminded that our veterans carry incredible stories of courage, sacrifice, and service. Harold’s story is just one example of the remarkable experiences and acts of bravery that deserve to be remembered and honored. We are proud to have Harold as part of our Pearl City Place family and grateful for his service to our country.

Our gratitude for our veterans goes far beyond ***November 11th***.
Throughout this month, we honor the brave veterans who call Pearl City Place home. Thank you for your courage, your sacrifices, and the freedom you helped protect. We are forever grateful for your service and proud to call you family.