

October 2026

Better Living of Walcott
Better Days



SUNDAY	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Dimensions ● Memory & Brain Stimulation ● Physical Activity ● Purposeful Life Station ● Religious ● Therapeutic	Locations Better Days (BD) Dining Room (DR) Living Room (LR) Parlor (P) Puzzle Room / Library (PR/L)		Birthdays 9th - Patricia G. 28th - Mary Ann H.				● Hymnal Sing-Along (BD) ● Sit, Stretch & Strengthen (LR) ● Discover & Connect (BD) ● Baking Club (DR) 01		● Seated Wellness (LR) ● Weekly Affirmation (BD) ● Chair Volleyball (BD) ● Bingo (DR) 02		● Matching & Sorting Games (BD) ● Front Porch Favorites (LR) ● Word Games & Winding Down (PR/L) 03	
Sunday Football ● Saint David's Church Service ● Games & Gab (P) 04	● Seated Wellness (LR) ● Weekly Devotion (BD) ● Goodies Galore Bingo (DR) ● Edward Scissorhands & Popcorn 05		● Sensory Circle (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● I-Spy Walking Club (BD) 06		● Seated Wellness (LR) ● Artful Expressions (BD) ● Bingo (DR) ● Bible Study with Greg (BD) 07		● Hymnal Sing-Along (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● Discover & Connect (BD) 08		Happy Birthday Patricia G. ● Seated Wellness (LR) ● Weekly Affirmation (BD) ● Chair Volleyball (BD) ● Bingo (DR) 09		● Matching & Sorting Games (BD) ● Peace, Love & 70's Music (LR) ● Word Games & Winding Down (PR/L) 10	
Sunday Football ● Saint David's Church Service (LR) ● Church Service with Rev. Randy Willers (P) ● Games & Gab (P) 11	Columbus Day ● Seated Wellness (LR) ● Resident Council Meeting (DR) ● Weekly Devotion (BD) ● Goodies Galore Bingo (DR) ● Gremlins & Popcorn 12		● Community Coffee (P) ● Sensory Circle (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● I-Spy Walking Club (BD) ● Community Dominoes (DR) 13		● Seated Wellness (LR) ● Better Voices Meeting ● Artful Expressions (BD) ● Bingo (DR) ● Bible Study with Greg (BD) 14		● Hymnal Sing-Along (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● Discover & Connect (BD) ● Baking Club (DR) 15		● Seated Wellness (LR) ● Weekly Affirmation (BD) ● Chair Volleyball (BD) ● Bingo (DR) 16		● Matching & Sorting Games (BD) ● Groovin' Through the '60s ● Word Games & Winding Down (PR/L) 17	
Sunday Football ● Saint David's Church Service ● Games & Gab (P) 18	● Seated Wellness (LR) ● Weekly Devotion (BD) ● Goodies Galore Bingo (DR) ● The Nightmare Before Christmas & Popcorn 19		● Sensory Circle (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● I-Spy Walking Club (BD) 20		● Catholic Mass with Deacon Levy (P) ● Catholic Mass w/ Rev. Robert 'Bud' Grant (LR) ● Seated Wellness (LR) ● Artful Expressions (BD) ● Bingo (DR) ● Bible Study with Greg (BD) 21		● Hymnal Sing-Along (BD) ● Sit, Stretch & Strengthen (LR) ● Library Sign Up & Learn About (LR) ● Bites & Brain Games (LR) ● Discover & Connect (BD) 22		● Seated Wellness (LR) ● Weekly Affirmation (BD) ● Church Service w/ Rev. Randy Willers (LR) ● Chair Volleyball (BD) ● Bingo (DR) 23		● Matching & Sorting Games (BD) ● Fabulous '50s (LR) ● Word Games & Winding Down (PR/L) 24	
Sunday Football ● Saint David's Church Service (LR) ● Church Service with Rev. Randy C. Willers (P) ● Games & Gab (P) 25	● Seated Wellness (LR) ● Weekly Devotion (BD) ● Goodies Galore Bingo (DR) ● Movie & Popcorn (BD) 26		● Sensory Circle (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● I-Spy Walking Club (BD) 27		Happy Birthday Mary Ann H. ● Seated Wellness (LR) ● Artful Expressions (BD) ● Bingo (DR) ● Bible Study with Greg (BD) Autumn Lights and Family Night Event 28		● Hymnal Sing-Along (BD) ● Sit, Stretch & Strengthen (LR) ● Bites & Brain Games (LR) ● Discover & Connect (BD) ● Baking Club (DR) 29		● Seated Wellness (LR) ● Weekly Affirmation (BD) ● Chair Volleyball (BD) ● Bingo (DR) 30		Walcott Trick or Treating Halloween ● Matching & Sorting Games (BD) ● Word Games & Winding Down (PR/L) 31	

* Activities are subject to change