

Better Living of Walcott

Newsletter

Issue: October 2026

UPCOMING EVENTS

- October 12th 1:00p - Resident Council Meeting
- October 13th 2:00p - Parkinson's Information and Exercise Club
- October 13th 6:30p - Community Dominoes
- October 14th 12:30p - Better Voices Meeting
- October 15th 9:30a - Vaccine Clinic
- October 30th 11:30a - Birthday Celebrations
- October 31st - Walcott Trick or Treating

LEADERSHIP TEAM

Executive Director · Taylor Thorpe
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Health & Wellness · Ashley Davis
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Life Enrichment · LeLani Cooper
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Culinary · Sydnee Fuller
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Maintenance · Tom Wuestenberg
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Did you know - Better Living of Walcott offers transportation for residents in our wheelchair-accessible van. Advance notice is required. Please contact our team to schedule transportation and confirm availability.
When a resident requires ambulance transportation to the hospital or for medical care, ambulance services are billed separately to the resident's insurance. The resident is responsible for any costs not covered by insurance.
Please contact our team with questions or to arrange transportation.





From the Executive Director

Introducing Better Voices

A move into senior living should never mean giving up your say in daily life. That belief is behind Better Voices, a new Better Living program that gives residents more ways to shape the community they call home.

Residents can help plan activities, share ideas about meals, welcome visitors on tours, and participate staff interviews and reviews. Participation is a choice, and there are many ways to contribute.

We'll listen to residents' ideas, act where we can, and report back on what has changed or is still being considered. Our goal is simple: residents should be able to see how their voices make a difference.

Families, please encourage your loved ones to share what matters to them. We look forward to building a community shaped by the people who live here. Your Voice. Our Community. Better Together.



From the Health & Wellness Director

Vaccine Clinic Coming October 15!

Mark your calendars for our upcoming onsite vaccine clinic on October 15 from 9:30–11:30 a.m.

The pharmacy team will be here to make vaccination easy and convenient for our community.





From the Maintenance Director

As we roll through October, maintenance will be focusing on the exterior of the building along with the landscaping, cleaning up any seasonal plants along with leaf pickup. Maintenance will also be prepping for winter making sure both the exterior and interior of the building are ready for the colder months ahead.

Maintenance has been working daily on tasks and work orders as they arise and working with the residents scheduling those fixes within their homes. We are working diligently to get all the past work orders completed to start the upcoming new year started ahead of the game. Maintenance has also has been working on a unit remodel to get that updated and filled as soon as possible.

We look forward to the months to come and look forward to taking on new challenges and creating a safe, enjoyable living environment for our residents and staff members.





From the Culinary Director

As we welcome the crisp air and beautiful colors of fall, I'm excited to bring the flavors of the season to our residents! October is one of my favorite times of year in the kitchen because there are so many warm, comforting dishes to enjoy. I've been working hard on our October menu, and I can't wait for everyone to taste what we have planned.

From hearty soups and savory casseroles to roasted vegetables, warm breads, and delicious fall desserts, there will be plenty of seasonal favorites to look forward to. We'll also be incorporating classic flavors like pumpkin, apples, cinnamon, and maple throughout the month.

My goal is always to make mealtime something our residents look forward to each day. I'm excited to share these comforting fall flavors, create special memories around the table, and make October a delicious month for everyone!



🍁 ALL ABOUT OCTOBER 🍁

BIRD: SWAN – A SYMBOL OF GRACE AND LASTING LOVE

BIRTHSTONES: OPAL AND TOURMALINE

BIRTH FLOWERS: MARIGOLD AND COSMOS

SEASONAL COLORS: ORANGE, GOLD, BURGUNDY, AND BROWN

ZODIAC SIGNS: LIBRA AND SCORPIO

SEASON: AUTUMN

HOLIDAY: HALLOWEEN – OCTOBER 31

FUN FACT: OCTOBER'S NAME COMES FROM THE LATIN WORD OCTO, MEANING EIGHT, BECAUSE IT WAS THE EIGHTH MONTH IN THE ANCIENT ROMAN CALENDAR.

HELLO, OCTOBER! A MONTH OF COLORFUL LEAVES, COZY SWEATERS, AND PUMPKIN EVERYTHING.





From the Life Enrichment Director

I HAVE ALWAYS BEEN A PEOPLE PERSON, AND THROUGHOUT MY LIFE AND CAREER, ONE THING HAS REMAINED CONSTANT: I LOVE HELPING PEOPLE. MY JOURNEY HAS GIVEN ME THE OPPORTUNITY TO WORK WITH PEOPLE FROM ALL WALKS AND STAGES OF LIFE. I HAVE WORKED WITH CHILDREN IN THE SCHOOL SYSTEM, INDIVIDUALS IN THE PRISON SYSTEM, AND TRAVELERS AT THE WORLD'S LARGEST TRUCKSTOP. EACH EXPERIENCE HAS TAUGHT ME SOMETHING VALUABLE ABOUT COMPASSION, CONNECTION, PATIENCE, AND THE IMPORTANCE OF MAKING EVERY PERSON FEEL SEEN AND VALUED.

MY OVERALL GOAL IN LIFE IS SIMPLE: TO HELP PEOPLE LIVE THEIR BEST LIVES, FROM BEGINNING TO END. I BELIEVE EVERY STAGE OF LIFE DESERVES PURPOSE, HAPPINESS, DIGNITY, FRIENDSHIP, AND A LITTLE FUN ALONG THE WAY!

I AM INCREDIBLY EXCITED TO BEGIN A NEW CHAPTER AS THE LIFE ENRICHMENT DIRECTOR IN WALCOTT, IOWA. THIS ROLE BRINGS TOGETHER SO MANY THINGS THAT I VALUE—PEOPLE, MEANINGFUL CONNECTIONS, AND CREATING EXPERIENCES THAT BRING JOY AND FULFILLMENT TO OTHERS. I CAN'T WAIT TO CREATE WONDERFUL MEMORIES, SHARE LOTS OF SMILES AND LAUGHTER, AND MAKE EVERY DAY A LITTLE BRIGHTER IN THE LIVES OF THE PEOPLE I HAVE THE PRIVILEGE OF SERVING.



Our Community Recognition & Welcome

We are so grateful for the people who make our community so special.
Join us in celebrating achievements, welcoming new friends, and honoring birthdays.

employee of the month

TOM W.



We're thrilled to celebrate Tom, our assisted living maintenance director, as Employee of the Month! Tom, thank you for the heart you put into caring for our community and for helping make it a place residents are proud to call home.

resident of the month

CORA M.



We're delighted to honor Cora as our Resident of the Month and celebrate her 100 years of life, memories, and experiences—we're so grateful she's part of our community!

welcome new residents



JEAN H.

Joined August



VERNE V.

Joined August

We're so happy you're here!
Welcome to the Better Living of Walcott family.

RESIDENT BIRTHDAYS

Patty G. - 10/9
Mary H. - 10/26

EMPLOYEE BIRTHDAYS

None

Together, we create moments that matter.
Thank you for being part of our community.

Happy Birthday!





CORA'S 100TH BIRTHDAY PARTY



OCTOBER WORD SEARCH

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Find all 12 fall words!
Words go across or down.

X	E	T	Q	J	C	F	K	P	Q	P	F	G
H	A	R	V	E	S	T	N	C	J	U	E	L
W	A	P	P	L	E	T	C	O	S	M	O	S
Y	V	A	X	C	Z	M	J	C	L	P	U	B
G	F	U	X	A	U	T	U	M	N	K	G	B
K	R	L	E	A	V	E	S	U	J	I	S	L
C	R	W	D	Y	L	W	P	S	Q	N	R	C
P	G	T	S	W	A	N	E	W	X	Y	X	S
C	F	E	O	C	T	O	B	E	R	N	O	P
I	I	Z	A	B	U	D	S	A	Z	O	V	O
D	Q	X	C	L	U	D	A	T	Z	E	X	P
E	C	H	U	T	G	F	U	E	T	W	B	A
R	S	A	C	O	R	N	L	R	O	T	I	L

WORDS TO FIND

OCTOBER
PUMPKIN
AUTUMN
LEAVES

HARVEST
APPLE
CIDER
ACORN

SWEATER
COSMOS
OPAL
SWAN