



October

Better Living at Liberty Court Newsletter



Expect Better... Care as a Language

Care is not tasks. Care is noticing, knowing,
and showing up with intention.

Please join us in giving a warm and heartfelt welcome to Mary, the newest member of our Better Living at Liberty Court family!

We are so happy to have Mary join our community and look forward to getting to know her and all the wonderful things that make her unique. Mary has a sweet tooth and enjoys sweets of all kinds, along with just about any tasty snack! 🍪🍓 She is also looking forward to spending time with her new friends and becoming part of our community.

We hope Mary's new home is filled with friendship, laughter, kindness, and many wonderful memories. We're excited to share lots of special moments together!

Be sure to stop by, say hello, and give Mary a warm Better Living at Liberty Court welcome! 💕



🎂 October Birthdays 🎂 Help us celebrate our October birthdays!

- 📍 Larry — October 8
- 📍 Tricia — October 13
- 📍 John — October 25

Wishing all of our October birthday residents a wonderful birthday filled with happiness, laughter, and lots of special memories! ❤️🎂



UPCOMING EVENTS

Oktober Fest

Date: 10/10/2026

Time: 11am-1pm

Family Celebration 🍂 Saturday October 10th 11am-1pm. Save the date, more details to come.

Family Bingo Night

Date: 10/14/2026

Time: 6pm

Bring the whole family for a fun-filled evening of BINGO, laughter, and prizes! Join us for a night of friendly competition and time together at Better Living at Liberty Court. Whether you're a bingo pro or playing for the first time, everyone is welcome!

👨‍👩‍👧‍👦 Bring your family and friends

🎲 Bingo for all ages

🏆 Fun prizes

❤️ Great company and lots of laughs!

Flu Shot Clinic

Date: 10/15/2026

Time: 1pm-3pm

Trick n Treating at Liberty Court

Date: 10/24/2026

Time: 1:30pm-3pm

Join us for an afternoon of Halloween fun! Children are invited to come dressed in their favorite costumes and enjoy trick-or-treating throughout at Better Living at Liberty Court. Residents will be ready with treats, smiles, and plenty of Halloween spirit. The public is welcome! We look forward to seeing all our little ghosts, goblins, superheroes, and princesses!

Mark Your Calendars

October 2026

SU	MO	TU	WE	TH	FR	SA
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



✉️ mshipman@betterlivinglibertycourt.com

📞 (815)285-2000

🌐 Find us on FaceBook



We Love October Employee:

Congratulations to Angel, our Employee of the Month, chosen by the residents at Better Living of Liberty Court!

Our residents chose Angel because she is always willing to help and pitch in wherever she is needed. She is patient, caring, and takes the time to help residents when they need a little extra assistance.

Angel has a way of making residents feel comfortable and cared for. Whether she is helping with something they need, taking the time to listen, or simply lending a helping hand, she is always there when needed.

Our residents truly appreciate Angel's kind heart, patience, and willingness to go above and beyond. Her dedication does not go unnoticed, and we are lucky to have her as part of the Better Living at Liberty Court Community.

Congratulations, Angel!

Thank you for everything you do for our residents!



We Love October Resident:

This month, our residents chose Mary as our Resident of the Month!

Mary is someone who never looks for recognition, but her kindness and willingness to help others certainly deserve to be recognized. She is always ready to lend a hand, whether it is helping a fellow resident or pitching in to help our staff.

Mary has a caring heart and naturally looks out for the people around her. One resident summed it up perfectly when they said, "She always looks out for me."

Mary's thoughtfulness, kindness, and willingness to help make a difference at Better Living at Liberty Court every day. She may not want the attention, but her fellow residents wanted to make sure she knew just how much she is appreciated.

Congratulations, Mary! Thank you for being someone others can count on and for helping make Better Living at Liberty Court feel like a caring community.



**Better Living
at Liberty Court**

Senior Living Only Better

✉ mshipman@betterlivinglibertycourt.com

☎ (815)285-2000

🌐 Find us on FaceBook



Hello, Liberty Court Family!
It's hard to believe that I have already been serving as the Executive Director at Better Living at Liberty Court for a month! I am truly grateful for the warm welcome I have received from our residents, families, and team members. It has been wonderful getting to know so many of you, learning what makes Liberty Court special, and hearing your ideas for making our community an even more enjoyable place to call home.

As we welcome October, I'm looking forward to a month filled with connection, fun, and opportunities to make memories together.

🎉 Special Event: Oktoberfest Family Celebration 🍂 Saturday October 10th 11am-1pm. Save the date, more details to come next week.

Thank you for making my first month at Liberty Court so welcoming. I'm excited about what's ahead and look forward to getting to know even more of you.

Please feel free to stop by, say hello, and share your ideas for activities or events you would like to see at Liberty Court.

Here's to a wonderful October filled with friendship, laughter, and making memories!

Warmly,

Sadie Simmons
Executive Director
Better Living at Liberty Court



Better Living
at Liberty Court



Senior Living Only Better



Better Living at Liberty Court

Senior Living Only Better

— ● — **SAVE THE DATE** — ● —

OKTOBERFEST

Family Celebration

SATURDAY, OCTOBER 10

11:00 AM - 1:00 PM



Octoberfest Trivia



Name That Polka Tune



Beer Sampling



**Meet & Greet with
Executive Director Sadie**

MENU

Bratwursts with Sauerkraut

Potato Salad

Apple Crisp for Dessert



Growing, Improving & Making Liberty Court Home
There is a lot of exciting progress happening at Better Living of Liberty Court. Over the past year, our community has experienced many wonderful improvements, all with one goal in mind: creating a safer, more comfortable, and welcoming home for our residents.

New Sidewalks and Outdoor Spaces

Last month, our Maintenance Department completed an exciting project—the installation of a new sidewalk surrounding the entire perimeter of our building, with accessible walkways leading from every exit.

This new sidewalk provides an important added layer of safety and accessibility, especially in the event of an emergency. It also gives our residents another wonderful way to enjoy the outdoors. The walking path offers beautiful views of our garden area and the wooded property behind our community, creating a peaceful place to take a stroll, enjoy some fresh air, or simply spend time outside.



Following the sidewalk project, grass seed was planted around the new walkways. Thanks to plenty of sunshine and rain this month, we are already seeing fresh green grass popping up and filling in beautifully.

Brightening Up Our Residents' Bathrooms

This month, our Maintenance Department also began installing new vanity lights above the bathroom sinks in our residents' apartments. The sleek new fixtures give the bathrooms a brighter, fresher, and more updated appearance. These improvements may seem like small changes, but they make a big difference in creating a space that feels comfortable, cared for, and like home.

A Year of Transformation

The sidewalk and vanity lights are just the latest additions to a much larger transformation taking place at Liberty Court. Over the past year, our community has seen a number of significant improvements, including:

- A new roof
- An upgraded resident emergency call system
- New furniture
- Fresh paint throughout the community
- New flooring throughout
- New accessible outdoor walkways

Together, these investments are helping create a community that is safer, brighter, more comfortable, and more welcoming for our current and future residents.

— Alex Zepeda, Maintenance Director





Meet Your New Life Enrichment Director!

Hello everyone! My name is Mary Beth, and I am excited to introduce myself as the new Life Enrichment Director at Better Living at Liberty Court!

I am looking forward to getting to know all of our residents and creating activities that bring fun, laughter, creativity, and connection to each day. I believe there is something for everyone, and I want our activity program to include a variety of opportunities for residents to participate, socialize, reminisce, learn something new, or simply enjoy themselves.

We have some new and exciting activities coming your way!

Look for activities such as fun games, music and entertainment, creative projects, themed days, trivia, social hours, special events, and activities designed to get everyone involved. We will also have activities that can be adapted so everyone can participate, whether you prefer to be active or enjoy something from the comfort of your chair.

I am excited about all the fun we have planned and, most importantly, about making Better Living at Liberty Court a place where every day has something to look forward to.

Here's to making new memories, trying new things, and having lots of fun together!



We traveled to The Netherlands from the Comfort of our own home. Learning interesting facts about the country and tried some yummy and not so yummy food from their country.



Interesting Facts About the Netherlands

The Netherlands is known for its beautiful flowers, especially tulips, which are grown throughout the country. Bicycles are also a big part of everyday life, and there are even more bicycles than people! The Netherlands is a very low-lying country, with about one-quarter of the land below sea level, so dikes and other water-control systems are important.

The country is also famous for its delicious cheeses, including Gouda and Edam.

