



Apple Valley Place of Clear Lake Newsletter • September 2026

A Letter from the Director:

As we say goodbye to summer, we can't help but feel a little sad to see the season come to an end, but we are also excited to welcome the beautiful season of fall!

Our Apple Valley community is looking forward to decorating the front porch area with festive fall touches and creating a warm, welcoming atmosphere for our residents, families, and visitors to enjoy.

We can't wait to embrace all the wonderful memories and activities the new season will bring!

Director - Stephanie Anderson



New Faces New Friends

We are delighted to welcome our newest residents to our community!

A Warm Welcome to:

Sally

Kenneth

James and Cheri

If there is anything you need or any way we can make your transition more comfortable, please don't hesitate to let us know—we are happy to help!

Make sure to keep an eye out on our Facebook page for all of the fun happening at Apple Valley Place this month!



Resident of the Month: **Lyla**



What do you enjoy most about fall?

"The colors of the leaves!"

What is your favorite fall activity?

"Going to the apple orchards!"

Do you have a favorite fall food or dessert?

"Pumpkin pie is my favorite!"

What advice would you give to the younger generation?

"Do what you want to do while you're able!"

Fall into Favorites

-  Raking leaves or Watching them fall?
-  Orange or Red?
-  Fall walk or Sitting on the porch?
-  Rainy fall day or Sunny fall day?
-  Apple cider or Hot chocolate?
-  Fall candles or Fall decorations?
-  Apple pie or Pumpkin pie?
-  Hot coffee or Hot tea?
-  Sweater or Cardigan?
-  Corn maze or Hayride?



9/17 Kenton

9/25 Mary A

Join us for a birthday party on
September 18th at 2:00 pm
as we celebrate all of the
upcoming September
birthdays!

UPCOMING EVENTS

- 9/4 - Dan's Band
- 9/8 - The Community Kitchen
- 9/10 - Pumpkin Craft
- 9/11 - Grandparents
and Good Times Event
- 9/22 - Surf Ballroom Trip
- 9/25 - John Schumacher:
Musical Performance
- 9/28 - Beers and Bingo
- 9/29 - National Coffee Day:
Coffee Cup Decorating

Weekly Events to Join:

Exercise Class

Monday/ Wednesday/ Friday @ 10:30 am

Fox Therapy Exercise Class

Tuesday/ Thursday @ 9:30 am

Bingo

Monday/Wednesday @ 2:00 pm

Wine Down Wednesdays

Wednesday @ 3:00 pm

Bible Study

Wednesday @ 11:00 am



**National Assisted
Living Week
September 13th - 19th**

National Assisted Living Week is a time to celebrate the residents, families, and staff who make our community special. It's a week to recognize the friendships, memories, and everyday moments that make assisted living feel like home. We're looking forward to celebrating together and making some great memories along the way!

Below are just a few of the fun events you won't want to miss:

9/14 - Our Community Shines Activity

9/15 - Guess Who: Residents/Staff

9/16 - Popcorn Bar/ Music Memories

9/17 - Sunshine Social - Ice Cream Parlor

9/18 - A Walk Through the Decades

Fall is starting to make its way in, bringing cooler weather, changing leaves, and a little more time to enjoy the cozy side of the season. September is a great time to get together, enjoy some fall-themed activities, share a few laughs, and take in the changing season. We have plenty planned this month, so be sure to check the calendar and join us!

Life Enrichment Director -

Libby Brumm





**Jim and Mary taste testing
our Swedish chocolate!**



**Richard, Dianne, Susie, Marilyn, Bob and Marcia
took a trip to Birdsall's in Mason City.**



**Dianne and Mary Anne enjoying
an afternoon on the porch
watching the rain.**



**Come Back Buddy was
a rockin' good time!
We can't wait until
they come back next
year.**



**Ellen taking a look at the local artist
gallery at the Clear Lake Arts Center.**



**All hands on deck for
shucking sweet corn!**

HAPPY GRANDPARENTS DAY

National Grandparents Day is a wonderful time to celebrate the special role grandparents play in our families. It's a day to appreciate the stories, memories, advice, and traditions they've shared over the years. We're looking forward to celebrating all of the grandparents in our community and the many ways they continue to make a difference in the lives of those around them.

Join us on
September 11th, 2026 @ 2:00 pm
for our Grandparents and
Good Times event!



Every great community is
built on incredible people,
and we're shining the
spotlight on one of ours...

Employee of the Month:

Donna
Care Partner



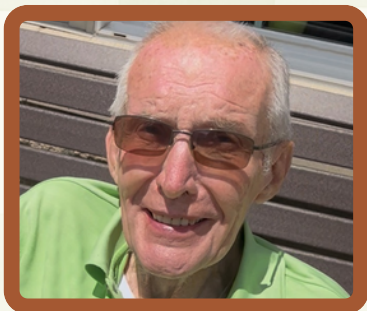
Congratulations to our
Employee of the Month, Donna! 🎉
Donna is always willing to jump in
and help, and never fails to bring a
caring and positive attitude to work
every day. Thank you for all the little
things you do, your hard work, and
for always being there when your
team and residents needs you. We're
lucky to have you on our team! ❤️



Resident Ambassador Spotlight: Jim

A familiar face can make all the difference when settling into a new community. Our Resident Ambassador has called Clear Lake, Iowa, home for most of his life, giving him a deep connection to the community and the people who make it special. With his local knowledge, welcoming personality, and years of experience in the area, he is the perfect person to help introduce new residents to their new home. Whether it's sharing a favorite local spot, answering questions, or simply offering a friendly hello, he's here to help new residents feel welcome and connected from day one.

Thank you, Jim!



Better Voices



We're excited to continue our Better Voices program, giving our residents a chance to speak up and share what matters most to them! Through Better Voices, residents can share their thoughts and ideas about food, activities, staffing, and everyday life in our community.

We love hearing what our residents enjoy, what you would like to see more of, and how we can make your days even better. Your voices and opinions are an important part of making our community feel like home!

Better Voices Meeting Dates:

9/8 The Community Kitchen

9/9 The Round Table

9/23 Resident Council

September

DIRECTIONS:
Find and circle
the vocabulary
words in the grid.
Look for them
in all directions
including
backwards and
diagonally.

G	Q	T	L	L	A	B	T	O	O	F	Y	N	V	V	R	F
R	O	S	H	H	A	S	H	A	N	A	H	M	C	G	U	K
F	K	N	X	E	X	K	O	X	D	F	P	U	O	B	J	O
S	P	X	C	A	E	O	H	R	X	P	Q	T	L	C	I	B
L	C	B	O	F	K	O	O	N	A	U	H	U	O	Q	J	F
O	A	L	T	A	Q	B	N	T	W	E	H	A	R	Z	K	F
O	C	I	Z	H	A	Q	R	W	W	B	S	J	S	N	C	T
H	O	C	L	L	U	I	F	F	M	F	W	J	N	B	A	D
C	R	V	W	Y	O	K	K	H	A	R	V	E	S	T	P	A
S	N	Z	P	T	H	B	X	R	E	H	T	A	E	W	K	R
E	S	P	D	R	H	D	H	B	W	S	E	X	Z	T	C	B
V	T	A	T	I	Z	G	M	A	G	R	V	N	A	L	A	I
V	Y	D	N	H	C	E	O	P	N	E	O	K	W	E	B	L
N	V	C	S	T	T	J	G	P	K	R	P	Z	G	A	F	F
Z	I	B	D	P	O	C	R	L	E	A	V	E	S	I	R	S
R	Q	A	E	G	Y	O	I	E	Q	U	I	N	O	X	P	M
R	C	S	R	I	R	H	V	S	W	F	S	I	M	R	Q	J

ACORNS

APPLES

AUTUMN

BACKPACK

BOOKS

COLORS

EQUINOX

FOOTBALL

HARVEST

LABOR DAY

LEAVES

LIBRA

PATRIOT DAY

RAIN

ROSH HASHANAH

SCHOOL

SEPTEMBER

THIRTY

VIRGO

WARM

WEATHER